

Brief report of NSS Regular activities performed during AY: 2025-26

Report on Workshop on Disaster Risk Reduction and Climate Change Adaptation

Date: 29th March 2025

Duration: 4 Hours

Total Participants: 40 (Male: 17, Female: 23)

The NSS Unit of VIVA Institute of Pharmacy organized a Workshop on Disaster Risk Reduction and Climate Change Adaptation on 29th March 2025 in collaboration with the Rotary Club of Virar. The objective of the program was to sensitize students about disaster preparedness, risk mitigation strategies, and climate resilience. Expert speakers elaborated on emergency response planning, community-level disaster management, and the role of youth in climate action. Practical guidance on safety measures and adaptation strategies was provided. NSS volunteers actively participated and engaged in interactive discussions. The workshop was highly informative and enhanced awareness regarding environmental responsibility and disaster readiness.

Report on Dr. Babasaheb Ambedkar Jayanti Padyatra

Date: 9th April 2025

Duration: 4 Hours

Total Participants: 80 (Male: 33, Female: 47)

The NSS Unit of VIVA Institute of Pharmacy organized a Padyatra on the occasion of B. R. Ambedkar Jayanti to commemorate his birth anniversary and promote the values of equality and social justice. The rally was conducted with active participation from NSS volunteers who carried awareness placards and spread messages about constitutional rights and duties. The program aimed to instill the ideals of unity, education, and empowerment among students and the community. Volunteers marched in a disciplined manner, demonstrating commitment to social responsibility. The event concluded with a brief address highlighting Dr. Ambedkar's contributions to the Indian Constitution and nation-building.

Report on Blood Donation Camp at Nalasopara Railway Station

Date: 23rd May 2025

Duration: 8 Hours

Total NSS Participants: 25 (Male: 9, Female: 16)

The NSS Unit of VIVA Institute of Pharmacy organized a Blood Donation Camp at Nalasopara railway station with the objective of promoting voluntary blood donation and community service. NSS volunteers actively motivated commuters and the general public to donate blood, successfully reaching out to 313 individuals. Through their dedicated efforts, a total of 70 units of blood were collected during the camp. The event witnessed enthusiastic participation and strong public response. Volunteers ensured proper coordination, discipline, and assistance throughout the 8-hour activity. The camp significantly contributed towards supporting healthcare needs and fostering a spirit of humanitarian service among students.

Report on Oath Taking Ceremony on National Anti-Tobacco Day

Date: 31st May 2025

Duration: 0.5 Hours

Total Participants: 74 (Male: 31, Female: 43)

Venue: VIVA Institute of Pharmacy

The NSS Unit of VIVA Institute of Pharmacy organized an Oath Taking Ceremony on the occasion of World No Tobacco Day on 31st May 2025 at the institute premises. The program aimed to create awareness about the harmful effects of tobacco consumption and promote a tobacco-free lifestyle. NSS volunteers and students actively participated and solemnly took the anti-tobacco pledge. The importance of preventive health measures and social responsibility was emphasized during the session. The activity successfully reinforced awareness and commitment among students toward building a healthier society.

Report on Plastic Waste Collection Drive at Village (Kumbharpada)

Date: 10th June 2025

Duration: 4 Hours

Total Participants: 40 (Male: 11, Female: 29)

The NSS Unit of VIVA Institute of Pharmacy organized a Plastic Waste Collection Drive at Kumbharpada village on 10th June 2025 as part of its community outreach initiative. NSS volunteers actively collected plastic waste from roadsides and areas surrounding residential homes in the village. The activity aimed to promote environmental awareness and encourage proper waste disposal practices among villagers. Volunteers also interacted with local residents to spread awareness about the harmful effects of plastic pollution. The drive was conducted systematically and with great enthusiasm. The program successfully contributed to village cleanliness and strengthened the spirit of social responsibility among students.

Report on International Yoga Day Celebration

Date: 20th June 2025

Duration: 2 Hours

Total Participants: 40 (Male: 19, Female: 21)

Venue: VIVA Institute of Pharmacy

The NSS Unit of VIVA Institute of Pharmacy celebrated International Yoga Day on 20th June 2025 in collaboration with Ambika Yog Ashram. The session was conducted by experienced yoga instructors who guided participants through various asanas, pranayama, and relaxation techniques. The program aimed to promote physical fitness, mental well-being, and stress management among students. NSS volunteers actively participated and followed the yoga practices with enthusiasm and discipline. The importance of incorporating yoga into daily life for holistic health was emphasized. The celebration concluded successfully, encouraging students to adopt a healthy lifestyle.

Report on Awareness Session on NSS for New Joinees

Date: 18th July 2025

Duration: 2 Hours

Total Participants: 55 (Male: 22, Female: 33)

Venue: VIVA Institute of Pharmacy

The NSS Unit of VIVA Institute of Pharmacy organized an Awareness Session for enrolling new NSS volunteers on 18th July 2025. The session aimed to familiarize students with the objectives, activities, and significance of the National Service Scheme. The roles, responsibilities, and benefits of being an NSS volunteer were clearly explained. Various community outreach programs conducted by the unit were highlighted to inspire active participation. Students actively engaged in the interactive session and clarified their queries. The program successfully motivated new joinees to contribute towards community service with dedication and commitment.

Report on Kargil Vijay Diwas Celebration (Video Screening)

Date: 25th July 2025

Duration: 1 Hour

Total Participants: 60 (Male: 28, Female: 32)

Venue: VIVA Institute of Pharmacy

The NSS Unit of VIVA Institute of Pharmacy observed Kargil Vijay Diwas on 25th July 2025 through a video screening program. The session highlighted the bravery and sacrifices of the Indian Armed Forces during the Kargil War. NSS volunteers and students attentively watched the documentary, gaining insight into the significance of the day. The program aimed to instill patriotism and respect for the nation's soldiers among the youth. A brief reflection was conducted to honor the martyrs and acknowledge their supreme sacrifice. The event concluded with a vote of thanks and a pledge to uphold national unity and integrity.

Report on Nisargotsav Celebration at Pragati College

Date: 2nd August 2025

Duration: 7 Hours

Total Participants: 33 (Male: 15, Female: 18)

The NSS Unit of VIVA Institute of Pharmacy participated in Nisargotsav organized at Pragati College on 2nd August 2025. The event showcased a variety of medicinal and regional plants along with detailed information about their therapeutic importance and traditional uses. A health check-up camp was also conducted to promote preventive healthcare awareness among attendees. Additionally, exhibition stalls displayed articles prepared by the local Adivasi community, highlighting their culture and craftsmanship. NSS volunteers actively assisted in organizing and guiding visitors throughout the program. The celebration effectively promoted environmental awareness, traditional knowledge, and community engagement.

Report on Bamboo Rakhi Distribution and Exhibition

Dates: 6th & 7th August 2025

Duration: 2 Days (5 Hours Each Day)

Total Participants: 48 (Male: 22, Female: 26)

Venue: VIVA Institute of Pharmacy

The NSS Unit of VIVA Institute of Pharmacy organized a Bamboo Rakhi Distribution and Exhibition program on 6th and 7th August 2025 in collaboration with Seva Vivek. The bamboo rakhis were handcrafted by Adivasi women and procured to promote their livelihood and economic empowerment. The rakhis were displayed within the campus premises, and staff members and students were encouraged to purchase them. NSS volunteers actively motivated the institute community to support this social cause. The initiative aimed to promote eco-friendly celebrations while empowering tribal women artisans. The event received a positive response and successfully fostered awareness about sustainable and socially responsible practices.

Report on Har Ghar Tiranga Pledge and Rally

Date: 14th August 2025

Duration: 4 Hours

Total Participants: 84 (Male: 33, Female: 51)

The NSS Unit of VIVA Institute of Pharmacy organized a Har Ghar Tiranga Pledge and Rally on 14th August 2025 as part of the Har Ghar Tiranga initiative. NSS volunteers conducted a rally at Kumbharpada village to motivate citizens to celebrate Independence Day with pride and dignity. Volunteers encouraged residents to hoist the National Flag at their homes on 15th August 2025 as a mark of patriotism. The pledge ceremony emphasized respect for the nation and its constitutional values. The rally was carried out with discipline and enthusiasm, spreading awareness about national unity. The program successfully instilled a sense of responsibility and patriotic spirit among villagers and volunteers alike.

Report on Independence Day Celebration

Date: 15th August 2025

Duration: 2 Hours

Total Participants: 60 (Male: 27, Female: 33)

Venue: VIVA Institute of Pharmacy

The NSS Unit of VIVA Institute of Pharmacy celebrated Independence Day on 15th August 2025 with great enthusiasm and patriotism. The program commenced with the ceremonial hoisting of the National Flag followed by the singing of the National Anthem. NSS volunteers and students actively participated in the celebration, reflecting unity and national pride. The significance of Independence Day and the sacrifices of freedom fighters were highlighted during the gathering. Snacks were distributed to students as a token of celebration. The event concluded successfully, fostering a spirit of patriotism and responsibility among all participants.

Report on Arnala Beach Cleaning Drive

Dates: 15th, 21st & 28th September 2025

Duration: 3 Days (5 Hours Each Day)

Total Participants: 92 (Male: 32, Female: 60)

The NSS Unit of VIVA Institute of Pharmacy organized a Beach Cleaning Drive at Arnala Beach on 15th, 21st, and 28th September 2025. NSS volunteers dedicated 5 hours each day to systematically collect plastic waste and microplastic debris from a designated section of the beach. The initiative aimed to promote environmental conservation and spread awareness about marine pollution. Volunteers worked in teams to ensure thorough cleaning and proper segregation of collected waste. The drive also served as a platform to educate visitors about the harmful impact of plastic on marine ecosystems. The activity was conducted with great enthusiasm and commitment, reinforcing the spirit of social and environmental responsibility among students.

Report on Bhayander Beach Cleaning Drive

Date: 20th September 2025

Duration: 6 Hours

Total Participants: 80 (Male: 31, Female: 49)

The NSS Unit of VIVA Institute of Pharmacy participated in a Beach Cleaning Drive at Uttan Beach on 20th September 2025. The activity was organized by For Future India with the objective of promoting environmental sustainability and coastal cleanliness. NSS volunteers actively collected plastic waste and other non-biodegradable materials from the beach area. The six-hour drive was conducted with dedication and teamwork. Volunteers also spread awareness among visitors about reducing plastic usage and protecting marine ecosystems. The initiative successfully contributed towards environmental conservation and strengthened the commitment of students towards social responsibility.

Report on Jivdani Crowd Management Duty

Dates: 22nd September 2025 to 2nd October 2025 (During Navratri & Dussehra)

Duration: 8 Hours Each Day

Total Participants: 89 (Male: 31, Female: 58)

The NSS Unit of VIVA Institute of Pharmacy actively participated in Crowd Management Duty at Jivdani Temple from 22nd September to 2nd October 2025 during the auspicious festival of Navratri and on Dussehra. NSS volunteers assisted devotees by guiding queues, maintaining

discipline, and ensuring smooth movement of the crowd. The duty was performed for 8 hours daily with dedication and coordination alongside local authorities. Volunteers also helped in providing basic assistance and directions to visitors. The activity enhanced leadership qualities, teamwork, and public service commitment among students. The initiative was successfully completed with great responsibility and social spirit.

Report on Blood Donation Camps (2025–2026)

Dates: 23rd May 2025, 3rd October 2025, 15th December 2025 & 12th February 2026

Duration: 8 Hours Each Camp

Total NSS Participants (Cumulative): 90 (Male: 37, Female: 53)

The NSS Unit of VIVA Institute of Pharmacy successfully organized four Blood Donation Camps in association with reputed blood banks and hospitals. The first camp was conducted at Nalasopara railway station in collaboration with Jagjivan Ram Railway Hospital, collecting 70 units of blood. The second camp at Viva College West Campus was organized with Palghar Gramin Blood Bank and collected 20 units. The third camp again at Nalasopara Railway Station with Jagjivan Ram Railway Hospital collected 65 units. The fourth camp at the out campus was conducted in association with Jaslok Hospital Blood Bank, collecting 76 units of blood. All camps witnessed enthusiastic participation and significantly contributed to supporting healthcare services and saving lives.

Report on Swachhata Abhiyan Activities (2025–2026)

The NSS Unit of VIVA Institute of Pharmacy actively conducted multiple activities under the Swachh Bharat Abhiyan to promote cleanliness and environmental awareness.

On 10th June 2025, a Plastic Waste Collection Drive was organized at Kumbharpada village (Male: 11, Female: 29; 4 Hours). On 12th September 2025, a Best Out of Waste Competition (Male: 19, Female: 21; 3 Hours) and Campus Cleaning Drive (Male: 19, Female: 21; 4 Hours) were conducted to encourage creativity and cleanliness. A Swachhata Abhiyan Rally was organized at Kumbharpada on 16th September 2025 (Male: 11, Female: 29; 4 Hours) to spread awareness among villagers.

Further, a Paper Bag Making Session was conducted on 13th February 2026 (Male: 13, Female: 17; 2 Hours), followed by Paper Bag Distribution at Kumbharpada on 25th February 2026 (Male: 17, Female: 23; 4 Hours). These initiatives collectively promoted sustainable practices, reduced plastic usage, and strengthened the spirit of community service among NSS volunteers.

Report on Bhajan Sandhya on the Occasion of Gandhi Jayanti

Date: 1st October 2025

Duration: 5 Hours

Total Participants: 24 (Male: 11, Female: 13)

The NSS Unit of VIVA Institute of Pharmacy participated in a Bhajan Sandhya organized on the occasion of Mahatma Gandhi Jayanti on 1st October 2025. The program was conducted by the University of Mumbai at the historic Gateway of India, Churchgate. The event featured devotional bhajans and patriotic songs reflecting the ideals of truth and non-violence advocated by Mahatma Gandhi. NSS volunteers actively participated and maintained discipline throughout the five-hour program. The gathering promoted unity, peace, and national values among students and the public. The event concluded successfully, inspiring participants to uphold Gandhian principles in daily life.

Report on HIV/AIDS Awareness Activities (2025)

The NSS Unit of VIVA Institute of Pharmacy organized a series of awareness programs on HIV/AIDS in collaboration with local health authorities including the ICTC of Vasai Virar City Municipal Corporation.

An HIV/AIDS Awareness Rally was conducted at Kumbharpada on **16th September 2025 (Male: 28, Female: 34; 4 Hours)** to educate the community about prevention and stigma reduction. A Session on HIV/AIDS Awareness was delivered by an ICTC member on **17th September 2025 (Male: 14, Female: 26; 3 Hours)**. Classroom visits were conducted on **18th September 2025 (Male: 3, Female: 17)** to provide focused awareness. A Street Play was organized on **23rd September 2025 (Male: 3, Female: 17; 2 Hours)** to effectively communicate preventive measures. On **1st December 2025**, a Video Screening and Poster Making Session (**Male: 33, Female: 53**) was conducted to mark awareness initiatives.

These activities successfully enhanced knowledge about HIV/AIDS prevention, encouraged testing awareness, and promoted a stigma-free and informed society.

Report on Constitution Day Celebration

Date: 26th November 2025

Duration: 1 Hour

Total Participants: 82 (Male: 33, Female: 49)

Venue: VIVA Institute of Pharmacy

The NSS Unit of VIVA Institute of Pharmacy celebrated Constitution Day on 26th November 2025 to commemorate the adoption of the Constitution of India. The program included a reading of the Preamble to reaffirm commitment towards justice, liberty, equality, and fraternity. NSS volunteers and students actively participated in the session with sincerity and discipline. The significance of constitutional values and fundamental duties was highlighted during the gathering. The celebration aimed to instill awareness about democratic principles and responsible citizenship among students. The event concluded successfully with a pledge to uphold the ideals enshrined in the Constitution.

Report on Vigilance Week Celebration (2025)

The NSS Unit of VIVA Institute of Pharmacy observed Vigilance Week by organizing a series of Consumer Vigilance Awareness activities to promote integrity and responsible citizenship.

On 27th October 2025, a Consumer Vigilance Awareness Pledge was conducted (Male: 8, Female: 12; 1 Hour) to reaffirm commitment towards ethical practices. On 28th October 2025, a Slogan Writing Competition (Male: 8, Female: 12; 1 Hour) encouraged creative expression on consumer rights and transparency. An Essay Writing Competition was organized on 29th October 2025 (Male: 8, Female: 12; 1 Hour) to enhance awareness about vigilance and accountability. On 30th October 2025, a Street Play (Male: 9, Female: 11; 1 Hour) effectively conveyed the importance of consumer rights and anti-corruption practices.

These activities were conducted under the spirit of Vigilance Awareness Week and successfully sensitized students about ethical conduct, transparency, and consumer protection.

Report on Organ Donation Awareness Rally

Date: 24th September 2025

Duration: 4 Hours

Total Participants: 80 (Male: 31, Female: 49)

Venue: Kumbharpada and nearby locality

The NSS Unit of VIVA Institute of Pharmacy organized an Organ Donation Awareness Rally on 24th September 2025 to promote the noble cause of organ donation and saving lives. NSS volunteers actively participated in the rally, carrying placards and spreading awareness messages among the public. The program emphasized the importance of pledging for organ donation and addressing myths associated with it. Volunteers interacted with community members to encourage informed decision-making regarding organ donation. The rally was conducted in a disciplined and enthusiastic manner for four hours. The initiative successfully fostered social awareness and humanitarian values among students and the local community.

Report on Nutraceutical Healthy Recipe Making Competition

Date: 25th September 2025

Duration: 4 Hours

Total Participants: 80 (Male: 36, Female: 44)

Venue: VIVA Institute of Pharmacy

The NSS Unit of VIVA Institute of Pharmacy organized a Nutraceutical Healthy Recipe Making Competition on 25th September 2025 to promote awareness about functional foods and healthy dietary practices. Participants prepared innovative recipes incorporating nutraceutical ingredients with proven health benefits. The competition aimed to encourage students to explore the therapeutic value of food in disease prevention and health promotion. Recipes were evaluated based on nutritional value, creativity, presentation, and scientific rationale. NSS volunteers

actively coordinated the event and ensured smooth conduct. The activity successfully enhanced knowledge about the role of nutraceuticals in maintaining overall health and well-being.

Report on Voting Awareness Activities (2026)

The NSS Unit of VIVA Institute of Pharmacy organized various activities to promote electoral awareness and responsible voting among youth.

On **13th January 2026**, a Poster Making Competition on Voting Awareness was conducted (**Male: 19, Female: 41; 2 Hours**) to creatively highlight the importance of exercising the right to vote. On the same day, an Oration Competition on Voting Awareness was organized (**Male: 9, Female: 16; 2 Hours**) to encourage students to express their views on democratic participation. A Voting Awareness Rally was also conducted (**Male: 17, Female: 23; 2 Hours**) to motivate the public to actively participate in the electoral process.

These activities were aligned with the objectives of the Election Commission of India to strengthen democratic values. The initiatives successfully encouraged students and community members to become informed and responsible voters.

Report on Republic Day Celebration

Date: 26-Jan-2026

Duration: 2 hours

Participants: Male: 12, Female: 28

The NSS unit of VIVA Institute of Pharmacy organized the Republic Day celebration to honor the spirit of our nation. The event commenced with the flag hoisting, followed by the singing of the national anthem. Students actively participated in patriotic songs and speeches highlighting the importance of unity, democracy, and national values. The celebration concluded with a group pledge to uphold the principles of the Constitution. The event successfully fostered a sense of patriotism and civic responsibility among the participants.

Report on Samuhagan Hind Di Chadar – Shri Guru Teg Bahadur Jayanti

Date: 23-Feb-26

Duration: 1 Hour

Total Participants: 40 (Male: 11, Female: 29)

The NSS Unit of VIVA Institute of Pharmacy organized a Samuhagan Hind Di Chadar on the occasion of Shri Guru Teg Bahadur Jayanti on 23rd February 2026. Students participated in singing hymns and devotional songs to honor the teachings and sacrifice of Shri Guru Teg Bahadur Ji. The program included a brief discourse on his life, values, and contributions to humanity. Volunteers actively engaged in the collective prayers, fostering spiritual awareness and respect for cultural heritage. The event concluded successfully within one hour, promoting moral and ethical values among students.

Report on Importance of Hygiene and Sanitary Pad Distribution

Date: 25-Feb-26

Duration: 20 Minutes

Total Participants: 20 (Male: 8, Female: 12)

Report:

The NSS Unit of VIVA Institute of Pharmacy conducted a session on the Importance of Hygiene and distributed sanitary pads on 25th February 2026. The program aimed to educate students and community members about personal hygiene and menstrual health. Volunteers explained proper hygiene practices and demonstrated the correct use of sanitary products. Sanitary pads were distributed to female participants to promote health and well-being. The session was interactive, informative, and completed within 20 minutes. The initiative successfully raised awareness about hygiene and empowered participants to adopt healthy practices.

Report on Marathi Bhasha Divas Celebration

Date: 27th February 2026

Duration: 1 Hour

Total Participants: 25 (Male: 9, Female: 16)

Report:

The NSS Unit of VIVA Institute of Pharmacy organized the Marathi Bhasha Divas celebration at the library on 27th February 2026. Students participated in activities highlighting the richness and cultural significance of the Marathi language. The program included recitations, speeches, and short presentations in Marathi to promote linguistic pride and awareness. Volunteers engaged actively, fostering appreciation for regional language and heritage. The celebration concluded successfully within one hour, encouraging students to preserve and promote the Marathi language.

NSS PROGRAMME OFFICER

PRINCIPAL